BIKE PARH

		0	•••		•	~
1 APOCALYPSE NOW	₩	MERIZ	1,9	-	390	1430
2 ARANCIA MECCANICA	٠	APOCALYPSE Now	1,3	-	290	1330
5 MAD MAX 🖍	٠	APOCALYPSE Now	0,2	-	30	1240
3 EASY RIDER		MERIZ	2,2	-	320	1360
🚯 PETER PAN 🛛 🐣		MERIZ	3,3	-	390	1430
12 HUSTLE&FLOW CONCEPTION CONTINUES		DOSS PELÀ	2,8	-	310	1770
🚺 ZANNA BIANCA 🐣		PRATI Di gaggia	3,0	-	300	1330
3 GOONIES		VALBIOLE	1,0	-	90	1160
11 WILLY WONKA 🏾 🐣		DOSSON	4,2	-	420	1460
22 BLADE RUNNER		PRADEL	2,1	-	210	1370
2) BIG HERO 🍊	•	TOVRE	1,8	-	130	1520
START HERE AND WORK YOUR WAY UP TRAIL PROGRESSION START HERE AND WORK YOUR WAY DOWN	Build y way to	rom the easies your skills on d more advanced OUR TIME, DON	lifferent I trail.	trails ar	id work	
💷 UDE'S TRAIL 🖉		TOVRE	8,8	290	750	1520
💷 MALGHETTE TRAIL 🖉		MERIZ	3,0	10	380	1430
810 GIUEL TRAIL 🖉		SANTEL	9,7	120	820	1040
🕫 GIADA LINE 🖉		CIMA Paganella	6,8	20	1070	2125
🕫 RIBS TRAIL 🖉		DOSS PELÀ	6,3	20	760	1790
🕫 BUS DEL GIAZ TRAIL 🥜		SELLETTA	3,4	10	540	1900
💷 CARTON'S TRAIL 🥜	٠	PAGANELLA 2	4	10	485	1890
805 SECRET TRAIL Ontinental 5	٠	P.S. GIOVANNI	4,4	10	790	1610
🕫 MONTE CORNO	٠	SANTEL	13,4	680	680	1250
🐵 FROM TOP TO LAKE 🥜	٠	CIMA Paganella	30,2	200	2300	2125

TRAILS

BIKE PARK ZONE rails inside Bike Park area are

specifically purpose-built and designed for bikers. They are totally downhill and present a constant difficulty level along the whole track. **Bikers** can totally concentrate on the trail.



SHARED TRAILS Singletrails are natural trails shared with other **TRAILS** users (hikers for example). They are mainly natural and often presenting considerable

difficulty changes. These trails are often rarely-visited and far away from controlled areas. Riding singlestrails require a more respectful and natural approach, less "racing", more "friendly".

1 * ~	TRAIL N NATURA MECHAN	L		PLACE (START) DISTANCE (Km) DIFF. + (m) DIFF (m) MAX ALTITUDE (m)
•		BEGINNER Beginner/in Intermediat Intermediat Advanced	IE.	

EXPERT ONLY

SYSTEM

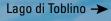


	CENTER		SECTION
×1	BIKE CHALET	۳.	E-BIKE Charging
~	BIKE SHOP	1	DANGER
Ko	PUMP & SKILL	art	BIKE WASH
T	RENT		SHOWER
5	GONDOLA	LIFT Start	LIFT Start
1	CHAIRLIFT		
	TRAIL Connection		TRAIL
	FIRE ROAD	•	FIRE ROAD Section
	ROAD		ADVANCED



Big Hero + Blade Runner + Singletrails HUB 813 + 812: **Beginner/Intermediate**

Beginner/Intermediate 806 (from Malga Zambana): Advanced





DOLOMITI PAGANELLA BIKE AREA

You can experience a full network of 115 kms mtb trails and 400 kms mtb tours, 3 Bike Park Zones, 3 pump Tracks/skills areas, bikers-only flow and technical trails, shared singletrails and much more. It doesn't matter which kind of biker you are, choose your perfect trail and have fun!



Got to start somewhere, right?

If you are at the first MTB gravity experience, we invite you to follow these simple suggestions:

Start with a Gravity DH experience lesson.

The guides from Dolomiti Paganella Bike Academy can help you giving all the techincal assistance and tips. The DH experiences are suitable for all ages (8 years and up).

Want to start by yourself?

Have a look at the Trail Progression, start from the easiest Flow Trails and work your way up to more advanced trails. The first time in the DPB is very important to be careful, use all the protections, have a stepwise approach and don't push it! The DPB staff is here for help you, ask them all your questions!

OTHER SIGNAGE YOU CAN FIND ON THE TRAILS

TECHNICAL PARTNERS

Campur

DOLOMIT PAGANELLI

Crankbrothers

КСЭ

Continental 🔧

ΚΛ/Κ





AR TRAILS	
e Ultimate Enduro Experience	59.7

Epic Enduro tour suitable only for expert riders along the best single trails of the Bike Area.

Thanks to 6 different lifts you can ride over 4000 mt. downhill, 1000mt uphill with a total of 59km. The tour touches the villages of Andalo, Fai della Paganella and Molveno, reaching the maximum altitude of 2.125m at Cima Paganella.

Directions:		
From Molveno	From Andalo	From
812 >	806 >	78
> 806 >	> 803 >	> 80
> 803 >	> 787 >	> 81
> 787 >	> 805 >	> 80

> 812

1000 4050 2125

> 805





LIFT CARD TO CARRY YOUR MOUNTAIN BIKE on all Dolomiti Paganella Bike Area lifts and gondolas. Valid for one or more days.

> CHECK PRIZE AND TIMETABLE



> 803

LAKE TO LAKE TRAILS Flow like a water

A great All-Mountain tour from the top of Paganella (2125mt) to the Toblino Lake, riding along wild alpine trails. You will need to push your bike in some technical sections, but the views are breath-taking. Come back pedaling to the starting point or book a shuttle from Sarche.

- 75.4 300 2500 2125
- **812** Ude's Trail >

> **784** From Top To Lake >

> Pedal back or book a shuttle



rolling Pump Track.

experiences and many guided tours.

The Trail Center is also the main starting point of kids bike





www.dierasenmaeher.de

Located at the heart of Andalo Life Park, the brand new Patrols operate on the 3 main Bike Park Zones during the Frail Center is a must-stop playground if you wanna build or improve your bike ability on the big Skills Area or on the

They assist, educate and inform bikers on responsible mountain biking in the areas. Look or them if you need any suggestion about trails, itineraries, other bikes related services or if you just need some help.

+ 39 0461 586 924 + 39 0461 585 836 + 39 0461 583 130

P.zza Marconi, 5 P.zza Dolomiti, 1

Andalo Fai della Paganella

P.77a Italia Unita, 6



ORIENTATION CENTER

Located at the base of the cable car and lift departures you will find our brand new Orientation Centers. Come on in to check Trail Progression, discover updated trail status. ask for tours and itineraries before your ride. Looking for something more? Talk with one of our Guides and book a special Dolomiti Paganella Bike experience







FAMILY BIKE AREA approved by dierasenmäher

We really love Dolomiti Paganella Bike, it is really funny, especially with the whole family. There are a lot of funny flow trails with many jumps, our kids love them too; the natural trails of the region are also a real highlight, in particular the Bear Trails, the tour connecting Molveno to Andalo and Fai della Paganella.And it is just wonderful to dive into the blue lake after a ride-day and to enjoy a good pizza!



the App





Expert Only Downhill track, extremely fun and technical. It has many steep points and roots garden that will make you understand who's the boss! The Apocalypse Now trails was chosen to host Gravitalia Races for two different years.

2 ARANCIA MECCANICA

Advance Trails, not suitable for beginners. It shares the first section with the Apocalypse Now and goes on with rhythm sections, drops and north shores.

3	FASY	RIDE	R.	
•				

The "School of Downhill". The Trail is classified intermediate, advance and it shares some section with the Peter Pan Flow Trail. You can easily switch from technical section to flow section, from parabolic curve to counterslope, from roots to humps.

4 PETER PAN

The first Flow trail of the Dolomiti Paganella Bike area. opened in 2016!. A trail with more hump, no roots and parabolic curve that allow "Non Pro" Riders to try a downhill experience. Even if it represents the easiest trails in the Fai Zone it was studied to entertain all type of bikers. You can easily switch to the more challenging Easy Riders.

5 MAD MAX

Junction trail from the Apocalypse Now to the Arancia Meccanica.

11 WILLY WONKA

mediate/easy Flow Trail. It starts from Dosson (Cable Car Mid-Stop) and finishes in the village of Andalo. It's the longest flow trail of the entire Bike Area. Enjoy the unique canyon section and be ready for a "tasty" experience!

12 HUSTLE & FLOW

powered by 💽 crankbrothers Flow trail of intermediate level. 3 km of bumps and parabolic turns, from Doss Pelà to Dosson. From there you can ride the Willy Wonka trail and go back to Andalo.

14 ZANNA BIANCA

Intermediate Flow Trail in the Andalo Zone, from Prati di Gaggia to Laghet, using the gondola Valle Bianca

21 BIG HERO

With his 2 km long is the easiest Flow Trail in Dolomiti Paganella Bike Area. It is designed to maximise fun and to learn the basic downhill riding skills: You can experience singletrails style sections and parabolic curve flow trail style, all with the same difficulties level. If you are a beginner, enjoy the trail with a Downhill Experience lesson.

22 BLADE RUNNER

Intermediate Flow Trail, rollercoaster style. You will ride through Pradel forest and arrive in Valbiole area. From here you can decide either to challenge yourself on the Goonies SingleTrail (N° 23) going back to Molveno or you can ride HUB 812 + Ude's Trail (812) and head to Andalo.



CHOOSE YOUR TRAIL, CHOOSE YOUR BIKE, CHOOSE YOUR CLOTHING

Trails inside Bike Park area

and designed for bikers.

are specifically purpose-built

They are totally downhill and present

a constant difficulty level along the whole track.

the trail, the speed, progression and jumps.

Bikers can totally concentrate on

WHAT

TO WEAR

HELME1

MANDATOR

Full face helmet

GOGGLE

(not shown

KNEE PADS

ELBOW PADS

BIKE SHOES

(mandatory

NECK BRACE

BODY ARMOUR

strictly recommended

BIKE PARK ZONE SINGLETRAIL

x Singletrails are natural trails shared TRAILS with other users (hikers for example). They are mainly natural and often presenting considerable difficulty changes. You can switch from easy to high technical-level stretches and from uphill to downhill stretches. These trails are often rarely-visited and far away from controlled areas. Riding singlestrails require a more respectful and natural approach, less "racing", more "friendly".

WHAT **TO WEAR**

HELMET MANDATORY An open face All/Mountain Enduro helmet will give you the possibility to enjoy nature at its best, to smile and greet people you meet along the singletrails.

BACKPACK

Better with back protection; many singletrails are far away from controlled areas: a backpack will allow you to carry repair kit and tools, water, clothing, trail maps and other devices you may need.

GLASSES GLOVES

KNEE PAD

BIKE SHOES



their love and passion for sport to both adults and children.

Some of our proposa

- Lessons of MTB basis at skill area and on pump track
- Gravity lessons
- Downhill lessor
- Tour E-MTB
- Tour enduro
- Camp for children

INFO & BOOKING + 39 342 70 82 095 paganellabikeacademy@gmail.com

RULES **OF THE TRAILS** Shared Area



RIDE **OPEN TRAILS** pect trail and road closures, ask a land

manager for clarification if you are uncer tain about the status of a trail. Do not trespass on private land. Obtain permits or other authorization as required. Be aware that bicycles are not permitted in areas protected as state or federal Wilderness.



NO TRACE

Be sensitive to the dirt beneath you. Wet and muddy trails are more vulnerable to lamage than dry ones. When the trail is soft, consider other riding options. This also means staying on existing trails and not creating new ones. Don't cut switchbacks. Be sure to pack out at least as much as you pack.



CONTROL YOUR BICYCLE Inattention for even a moment could put

yourself and others at risk. Obey all bicycle speed regulations and recommendations, and ride within your limits.



APPROPRIATELY Do your utmost to let your fellow trail users

know you're coming - a friendly greeting or bell ring are good methods. Try to anticipate other trail users as you ride around corners. Bicyclists should yield to other non-motorized trail users, unless the trail is clearly signed for bike-only travel. Bicyclists traveling downhill should yield to ones headed uphill, unless the trail is clearly signed for oneway or downhill-only traffic. In general, strive to make each pass a safe and courteous one.



NEVER SCARE ANIMALS

Animals are easily startled by an unan-

nounced approach, a sudden movement or a loud noise. Give animals enough room and time to adjust to you. When passing horses, use special care and follow directions from the horseback riders (ask if uncertain). Running cattle and disturbing wildlife are serious offenses.



Know your equipment, your ability and the area in which you are riding and prepare accordingly. Strive to be self-sufficient: keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.



- 4 FRONT AND REAR AXLES (skewers) should be tight.

5 Check that your TIRES ARE IN GOOD CONDITION

6 HANDLE BAR AND HANDLE GRIPS must be

7 SEAT AND SEAT POST must be fastened securely.

MTB CHECKLIST

dy. Before riding always nspect your equipment or

2 INSPECT BIKE FRAME, fork and other componen

3 Check that you BRAKE PADS are in good condition

1 Ensure your HELMET IS IN GOOD SHAPE and

HEADSET AND STEM must be secure with no lo





BIKE PARK RESPONSIBILITY CODE Bikers only Area

Mountain Biking and Gravity sport activities such as Downhill, Freeride and Enduro involve elements of risk that common sense and personal awareness can help to reduce. Please, **READ CAREFULLY** and adhere the responsibility code and share a safe experience with others.



SHARE THE TRAIL

Single trails are shared-use trail and these other users have the right of way



The right clothing can reduce any possible conflict: for hikers is really more pleasant to meet a biker smiling and wearing an open-face helmet instead of a biker with a full face-helmet and a hiding his face.